

A Member of the New York 10-13 Associations of America, Inc. A National Organization of Retired & Active New York City Police Officers.

Greetings to my Brothers/ Sisters in Blue,

Did you all know that the Treasure Coast 10-13 is the fastest growing 10-13 in Florida? Our meetings are very well attended. I have said this many times in the past, but it surely does need repeating. Our Treasure Coast 10-13 Organization cannot be this successful without our membership. The Board would like to Thank each member, we appreciate you.

A warm welcome to our newest members! With our organization growing rapidly, your addition to the brotherhood/sisterhood brings new ideas and newer perspectives and expands the shared experiences. Enjoyed seeing my old friends from the 46 & 47 pcts.

Our Christmas party is fast approaching. It will be held on December 13, 2023 @ 6pm at Gator Trace 4302 Gator Trace Dr., Fort Pierce. We are almost at capacity. So far, we have 91 members attending. If you plan on attending, please get in your \$15 per person (limited to member & 1 person) ASAP.

Mail your checks in and on the memo line please write "Christmas Party" or simply pay at our October & November meetings. \$15 per person

Treasure Coast 1013 PO Box 85-7854 Port St. Lucie, FL 34985-7854

The Menu: Sliced Braised Beef Roast and a Chicken Entrée, (marsala, francaise or picatta). Served with Oven Roasted Red Potatoes and Fresh Vegetable. Salads served with Italian dressing, rolls and butter. Ice tea or coffee and a light dessert. **Cash bar for alcohol, club is picking up only the soda and tea.**

NOVEMBER 2023

The Fall 2023 Annual Health Benefits Program Transfer Period for retirees begins November 1, 2023, and ends November 30, 2023.

Health plan changes requested during the Transfer Period will be effective January 1, 2024, and the new pension deduction will begin with the retirees' pension check in January 2024, if applicable.

If you do not wish to make any changes to your current health plan, you do not need to do anything during the Transfer Period. During the Annual Transfer Period, you may:

- Transfer into any health plan for which you are eligible,
- · Add or drop the Optional Rider (if applicable),
- · Add or drop dependent(s), or
- Waive benefits

Retirees who wish to make a change must complete the Health Benefits Program Retiree Application. Completed applications should be submitted to the NYC Health Benefits Program by November 30, 2023. If you are making changes to your health benefits plan/option, please review the following Health Benefits Program materials on these following links.

Health Benefits & Application Form: https://www.nyc.gov/assets/olr/downloads/pdf/health/retiree-health-benefits-application.pdf

Health Plan Rate Chart: https://www.nyc.gov/site/olr/health/summaryofplans/health-ratechart.page

Summary Program Description: https://www.nyc.gov/site/olr/health/summaryofplans/health-full-spd-page.page

Health Plan Websites: https://www.nyc.gov/site/olr/health/summaryofplans/summaryofplanshome.page

https://www.nyc.gov/site/olr/health/retiree/health-retiree-responsibilities-assistance.page

Social Security COLA Increase for 2024 - Social Security and Supplemental Security Income (SSI) benefits for more than 71 million Americans will increase 3.2 percent in 2024.

I was given some information regarding the NYPD Reunion Luncheon for February 6, 2025. Yes, 2025! I will include the flyer that was sent to me later in this newsletter.

Our meeting, we discussed the importance of having firearm insurance. This will protect you if something goes wrong and you're sued, such as in a case of negligence. If you don't have this insurance, you could be held liable for any damages.

HR218 qualifications has kept Vice President Steve Confino quite busy. Steve has gotten great responses from the members and seems as if everyone is caught up. If not, please get in contact with him.

2024 membership dues of \$25 are due. If you are a new member who joined after August 2023, your dues are good for 2024. If you are unsure, ask Maria or me when you joined.



The sacrafices you made for our freedom, a big heartfelt thanks! Happy Veterans Day.





A police officer pulled me over and said, "Papers?" I said, "Scissors, I win," and drove off. He must have wanted a rematch because he has been chasing me for 45 minutes.



We have a new/updated National website www.ny1013amer.org

Treasure Coast 10-13 has a website as well https://www.treasurecoast10-13.com/





Donations!

Charles Pusey
Martin Motherway
John & Elida Buckley
Anthony Valicenti
Bruce Cramb
James Oxley





NOVEMBER APPOINTMENTS

JACK MARTIN 11/2/60
ROBIN BARKER 11/7/79
ALFRED ZAFFIRO 11/7/79
ADALBERTO CABALLERO 11/9/85

NOVEMBER BIRTHDAYS

DAVID LANUTO - 1ST

MIKE COAN - 4TH

BILL REGA - 6TH

GORDON NASH - 10TH

STEVE MILLER - 11TH

ED IRACI - 11TH

WAYNE OXLEY - 13TH

RICHARD MCCANN - 15TH

BOB O'HARE - 17TH

MARCELLA MAKEBISH-HANCOX - 19TH

FRANK DIPALERMO - 23RD

ROBERT GEBHARDT - 28TH



Tom F.

Sickness & Distress



Anyone who knows of someone in need of assistance or a posting in this column, please call Al Hickey 772-408-2166 or Larry Marren 561-601-9440

Important Phone Numbers

NYPD General Information 646-610-5000 NYPD Operation Desk 646-610-5580 Pension Section (Art 1) 212-693-5100 Pension Section (Art 2) 646-610-6824 / 8192 **ID Card Section** 646-610-5150 Employee benefits 212-513-0470 P.B.A Health & Welfare 212-349-7560 P.B.A retiree 877-977-3880 D.E.A Office 212-587-1000 D.E.A Health Benefit 212-587-9120 S.B.A Health & Welfare 212-226-2180 L.B.A 212-964-7500 C.E.A 212-791-8292 Social Security 800-772-1213 EmblemHealth (GHI) 800-358-5500 **Empire Blue Cross** 800-433-9592 212-513-0470 Medicare Reimbursement Medicare Part "A" 800-433-9592 Medicare Part "B" 800-333-7586 Aetna Medicare PPO 888-267-2637 NYC Healthline 800-521-9574 NYPD (D.I.F) 212-374-5508 VA Benefits 800-827-1000 646-610-5751 Spring 3100

Next Meeting

Tuesday November 28th - 7:30 pm

Port St Lucie American Legion Post 318, 1000 Savanna Club Blvd. Port St. Lucie, FL 34952. (Savanna Rd & US1 behind Speedway Gas Station.

> Treasure Coast 10-13 Club Inc PO Box 85-7854 Port St. Lucie, FL 34985-7854 email: treasurecoast1013@gmail.com ahickey34952@aol.com

> > Board

President Al Hickey 772-408-2166
Vice President Steven Confino 917-841-0579
Treasure Maria Pacheco
Secretary John Lobmeyer
Sgt. At Arms Ed Forte 772-631-3624
Sgt. At Arms Donna Duffy 917-450-8007
Health & Welfare Larry Marren 561-601-9440





NEW FLORIDA LAW ENFORCEMENT FIREARM'S QUALIFICATION & HR218 PROFICIENCY COURSE Minimum Passing Score: 32 rounds of 38 rounds

STAGE 1: Hip and Two-Hand High Point from the Draw **1-yard line to the 3-yard line**; 6 rounds in 6 seconds

STAGE 2: Two-Hand High Point from the Compressed Ready Position **3-yard line**; 4 rounds; 3 seconds per string

STAGE 3: Primary and Support Hand Extended from the Draw with Reload *3-yard line*; 6 rounds; 5 seconds per string

STAGE 4: Two-Hand High Point from the Draw **7-yard line**; 4 rounds; 5 seconds per string

STAGE 5: Two-Hand High Point from the Draw with Reload **7-yard line;** 12 rounds in 20 seconds

STAGE 6: Two-Hand High Point from the Draw **15-yard line;** 6 rounds in 15 seconds

This new FDLE course of fire is final, and this is just typed up as a go by for retirees to start practicing for their HR218/ LEOSA qualifications starting July 1st, 2024.

Official FDLE Form 86A's we be printed and published by June 2024.

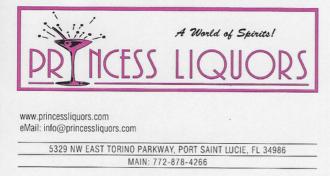
We will notify the membership if any additional information is received.

Club Business Sponsors

WWW.CABBYSDRIVINGSCHOOL.COM



HABLAMOS ESPANOL
Member of Treasure Coast 10-13
All instructors are former LEO's



Member of the Treasure Coast 10-13.

10% off on all non-sale items for all active and retired MOS with valid ID card.



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www.BlueLineArmoryLLC.com Sales@BlueLineArmoryLLC.con

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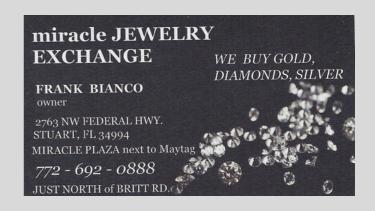


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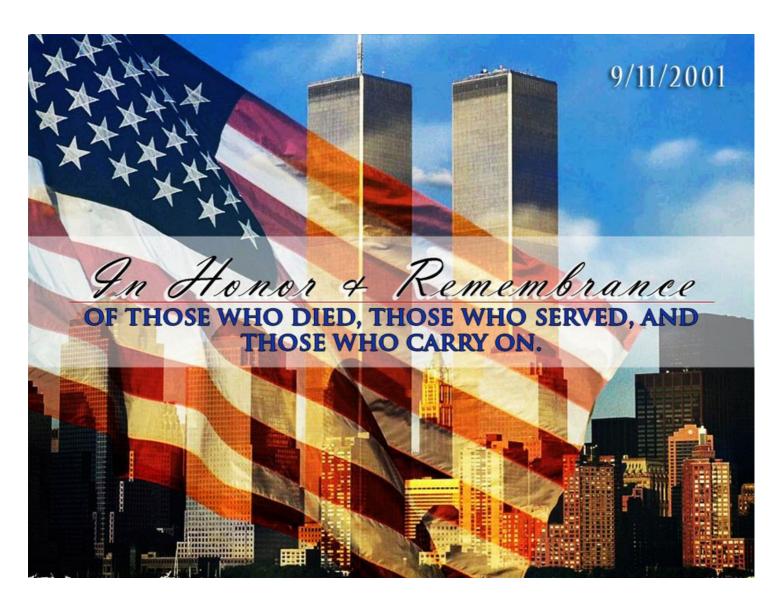






HEROES ALWAYS HEROES

HTTPS://WWW.NYC.GOV/SITE/NYPD/ABOUT/MEMORIALS/9-11-2021-MEMORAL-ROLL-CALL.PAGE



Regardless of rank, any one of us can have a personal crisis. Help is available.



more info: www.NYPDnews.com/BLUE741741

Help is available for many issues including:

- * Stress and anxiety
- * Depression
- * Suicidal thoughts
- * Financial situations
- * Sleeping issues
- * Alcohol and prescription concerns
- * Family, relationships & more

It is not hopeless and you are not alone. You have options.

Options for help:

- * Lifeline: 800.273.TALK (8255)
- * Law enforcement text BLUE to 741741 (others text TALK)
- * NYC Well: Text, call & chat www.nyc.gov/nycwell
- * Call 911 for emergencies

NYPD specific:

- * Employee Assistance Unit: 646.610.6730
- * Chaplains Unit: 212.473.2363
- * POPPA (independent from the NYPD): 888.267.7267



Treasure Coast 10-13 Inc. PO Box 85-7854 Port St. Lucie, FL 34985-7854

Application For Membership – \$25.00 / Year

Please print in block letters
NAME
ADDRESS
EMAIL
PHONE Cell or Mobile (please circle one)
SPOUSE'S NAME
DOB DATE APPOINTED
COMMANDS
LAST COMMAND
SERVICE RETIREE ORDINARY DIS ¾ DISABILITY (Please check one)
NEW RENEWAL (Please check one)
IF ASSOCIATE MEMBER – WHO REFERRED YOU?
DO YOU WISH TO RECEIVE THE NEWSLETTER BY EMAIL? YES NO (Please circle one)
SIGNATURE
IGNATURE
GT AT ARMS SIGNATURE

2025 Nypd Reunion Luncheon

Day/Date/Time:

Thursday, February 6th, 2025 (12:00-4:00pm) Location: International Event Venue Tampa 6463 W. Hillsborough Ave Tampa, FL 33634 813-806-0026

https://internationaleventvenue.com

Cost: \$62 per person (Must prepay by check OR you can Zelle payment.) PAYMENT WILL NOT BE ACCEPTED AT THE DOOR. Please DO NOT STAPLE OR TAPE any checks.

*Be sure to List the names, phone numbers, mailing address, and email address of each person covered by the payment. If you are not pre-paying for a table of 10, please include which command/commands/boro you prefer to be seated with.

Price includes Sit down lunch and 2 hours of beverages including Sodas, Water, Gatorades, and Coffee. 2 hours of OPEN BAR included. Background music will be provided.

If you plan to attend, please mail checks made out to: NYPD W/E coast Florida Reunion Luncheon LLC 12765 Meadowbreeze Drive Wellington, Florida 33414 OR You can also Zelle payment of \$62.00/person to: 561-460-697

Once payment is received, I will then reply with "confirmed."

Cancellations: Must be submitted by January 30th, 2025

Refunds: Contact Kristina Notghi. Requests will be considered but are not guaranteed.

Table/Group/ Individual Reservations:

Table: 10 people to a table (Please list a MAIN contact person for your table.)

Group: If you are part of a group less than 10 and would like to sit together, include checks from each member of your party along with each individual's name, phone number, mailing address, and email addresses.

Individual: If you are not reserving a full table of 10 and are not part of a small group, you will be assigned to a table. If you wish to sit with or near a command ie: 24th Pct, Intel, PBBX, Mounted, etc... please include the command the command/boro/etc. when sending in your check. I will do my best to accommodate. Do not forget to include your phone number, mailing and email addresses.

NO Walk-ins, payment will NOT be accepted at the door. Thank you

If you have any questions regarding this event, please feel free to contact me below:

Kristina Notahi:

561-460-6975 (text message for quicker response.) OR email me at:

Kristy90@msn.com

Thank You so much and I look forward to meeting all of you at our first West Coast luncheon :) It will be a blast!